

For help with choosing nappies: [www.chooseanappy.co.uk](http://www.chooseanappy.co.uk)

## References

Much of the information in this brochure was sourced from:

The Women's Environmental Network [www.wen.org.uk](http://www.wen.org.uk)  
WEN PO Box 30626, London E1 1TZ

The National Association Of Nappy Services  
Leave your postcode and they will advise if there is a laundry service in your area.  
Tel: 0121 693 4949 [www.changeanappy.co.uk](http://www.changeanappy.co.uk)

Greenpeace [www.greenpeace.org](http://www.greenpeace.org)

Visit our web sites

[www.chooseanappy.co.uk](http://www.chooseanappy.co.uk)

Secure on-line debit and credit card ordering available at  
[www.twinkleontheweb.co.uk](http://www.twinkleontheweb.co.uk)

Help Line  
For any queries about using washable nappies  
phone

Twinkle Twinkle

**0118 969 5550**

Twinkle Trading Ltd  
Linpac Building, Headley Road East, Woodley,  
Reading, RG5 4HY  
Email [miranda@twinkleontheweb.co.uk](mailto:miranda@twinkleontheweb.co.uk)

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or paper from renewable sources

**PLEASE DO NOT THROW AWAY – PASS IT ON  
TO SOMEONE ELSE OR YOUR COMMUNITY MIDWIFE**

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Twinkle Twinkle

**Independent advice and  
assistance on choosing  
cloth nappies**



**Stockists and suppliers  
of all things nappy.....and so much more!**

**0118 969 5550**  
[www.twinkleontheweb.co.uk](http://www.twinkleontheweb.co.uk)



*The Essential Nappy Catalogue* October 2006

## Welcome to the Twinkle Twinkle catalogue

I am very pleased that you will be using cloth nappies. When I started Twinkle Twinkle in 1999, I did so because I had found it very difficult to find information about cloth nappies, what brands were available, where to get them and above all what might suit our circumstances best. There were several brands about, each manufacturer or importer claimed their nappy was the best but nowhere could I find a comparison that helped me choose which ones to buy, and so Twinkle Twinkle began. I aim to provide a one-stop nappy advice and supply service for all main brands of washable nappy, please do feel free to telephone or email if you can't find the product you want or the answers to your questions in here or on the web site. As I fit this work around the needs of my 1 daughter please be aware that at times you may be greeted by an answering service.

Twinkle Twinkle is a leading independent supplier of all brands of washable nappies, we import many products ourselves, we have introduced several brands to the UK, and regularly assist in the development of new products. The comments you read here are based on the experiences of myself, our staff and customers when using these nappies. Whilst we sell a very comprehensive range of nappies and accessories, this catalogue is only a small part of what we do, many other brands are in stock and most of these will be found on our web site where we are not limited to page size! **If you cannot see what you are looking for please ask, even if we don't stock it we can almost certainly get it for you.** If you want to try two or three different makes or combinations of products you can do so **without having to pay separate postage** each time. You may probably find, as I did, that there is no one complete solution to your baby's nappy needs, and that a combination of products from different manufacturers may suit best. Additionally you may well find that a particular nappy system may suit your baby and your needs, but may not suit your friend's baby and her circumstances. I would recommend, if you are starting out with cloth nappies, that you try a few different samples first and see which ones you like best before making a large order. Do try them several times in different circumstances – at home, at night, out and about, in the car, and also try washing and drying them in different ways. You will soon find which nappy types you prefer, as they are the ones that go straight back on as soon as they are dry! Don't rush into making a decision; many parents choose a selection of different brands and types for full time use. Don't worry if you feel you can't use washable nappies all of the time - many parents use cloth most of the time and disposables part of the time, for example when going out for the day. I have suggested some trial nappy purchases; however, please feel free to enjoy choosing your own starter selection. Your first order of nappies is **POST FREE** (please request at time of ordering) so this could save you considerably. Subsequent orders over £50 are also post free, you may also order securely on our web site.

Over the past few years it is pleasing that the profile of cloth nappies has been raised: they are now trendy (Daily Telegraph Nov 2002) and were the main feature in The Times Weekend section (Jan 2003), as well as in an article in March 2004.

## Glossary

Air-Rika	Wrap that fastens with poppers, made by Mother-ease
All-In-One	A one piece nappy complete with its own integral waterproof wrap.
Aplix	Brand name of a high quality type of hook & loop style fastenings
Booster pads	Extra layers of fabric to fit inside a nappy to increase absorbency
Bumpy	Wraps made by Imse Vimse
Cloth Nappies	Nappies made from fabric as opposed to disposables
Diaper	American name for Nappy
Fleece	Generally Acrylic or Polyester fabric as used in fleece jackets etc., polyester is considered best, used for wraps and one-way liners
Imse Vimse	Swedish nappy manufacturer of Imse Diapers and Bumpy wraps
Kooshies	Canadian manufacturer of nappies, including Ultra and Classic
Lanolin	Used to treat Wool Wraps, to maintain their waterproof properties
Liners	See One-Way Liners
Mother-Ease	Canadian designed nappy system, renowned for one-sized stretch terry nappy with poppers and Air-Rika & Rikki wraps
Nappi Nippas	Plastic gadget used to fasten terries without a pin
One Way Liners	A liner to go between baby and the nappy that is biodegradable and flushable, or of washable fabric e.g. polyester or fleece. These allow liquids to pass through to be soaked up by the nappy keeping baby drier, whilst retaining solids to allow them to be flushed down the loo.
Popo	Hook and loop fastening wrap made by Popolino
Popolino	Austrian nappy manufacturer, of Snap to Fit & Popo wraps
Poppers	Usually plastic, popper fastenings
Pouched Nappies	Have opening at back or front of the nappy in to which extra absorbency may be added
Prefold	Three panelled flat flannelette nappy that is pre folded and stitched so that the centre panel is thicker than the outer two panels.
Pull-on pants	Wrap without side openings – pulls on like ordinary pants
Rikki Wrap	Aplix fastening wrap made by Mother-ease
Snap to Fit	One size nappy, adjusted with poppers, made by Popolino
Sodium Polyacrylate	Chemical name for the gel used in disposable nappies to absorb wet.
Terries	Terry towelling square, very widely used in UK until advent of disposables.
Tea Tree Oil	Oil from the Tea Tree, has antibacterial and antifungal properties.
Tots Bots	Scottish terry towelling nappy
Two-part	Nappy system that is in two parts i.e. a nappy plus a waterproof wrap
Velcro	Brand name for hook and loop style fastening
Wool	Best quality fabric for night-time wrap, allows air to circulate and moisture to evaporate leaving baby cool
Wrap	Any waterproof outer cover that goes over a nappy

## How To Order

Please complete one of the enclosed order forms and send with Visa, Delta, Switch or MasterCard details or a cheque payable to Twinkle Twinkle, Linpac Building, Headley Road East, Woodley, Reading, RG5 4HY. Debit/Credit Card orders are now accepted via our web site at

[www.twinkleontheweb.co.uk](http://www.twinkleontheweb.co.uk)

Alternatively order by fax 0118 9691965 or telephone on 0118 969 5550 using your Switch, Delta, Visa or MasterCard.

Postage and packing is FREE within the UK for your first order of NAPPIES and WRAPS, and free for subsequent orders over £50, and to all addresses in the Reading area – please request your free postage on ordering as I cannot deduct it later (it will get too complicated!) For subsequent orders of goods up to £15 add £1.40, £15-50 add £2.75. Please ask for overseas rates.

I aim to despatch all goods ordered within 5 working days of receipt of your cleared payment. I will normally advise of expected delivery time upon receiving your order if any items are out of stock, however please allow up to 5 working days from despatch for delivery. This applies to UK mainland only. Most items are kept in stock. All goods are refundable or exchangeable if returned in their original condition, ie unused and unwashed in their original packaging within three months of your order. Unwanted goods must be in a re-saleable condition, we cannot refund or exchange used and/or washed nappies, unless faulty. If you have made a large order, we recommend that you wash and try a minimum quantity before unpacking and washing the rest.

Postage and packing costs cannot be refunded unless the goods are returned in a saleable condition and in their original packaging within 7 days, or if the goods are faulty, in which case these should be returned for full refund under the Sale of Goods Act 1979 (as amended). This does not affect your statutory rights

The comments and assessments I have made in this publication result from my own experience as outlined on page 2. However, I know that manufacturers do alter specifications and, as I have said, your needs and circumstances may differ from mine. You will understand that I cannot accept responsibility for any consequences arising from your purchases, but I shall always welcome any comments from you.

Miranda

## Service Aims

- 1) To provide the very best choice and information and assistance to customers considering and choosing cloth nappies.
- 2) To respond to queries and orders promptly and efficiently, and to keep the customer informed as to progress at all times.
- 3) To continue to provide after sales service to all customers for as long as is required.

## Why Choose Cloth Nappies?

Parents considering cloth nappies for their baby tend to be concerned about some or all of the following three key factors

- Saving the environment
- Saving money
- Saving baby from potential problems in the future

I used to take up a almost 4 pages of the catalogue covering these issues, in the early days knowledge of cloth nappies was very limited, and other resources were not available. Over the past 6 years there has been increasing press coverage and awareness of the issues of cloth nappies. I do cover these topics in greater detail on the web site.

### Saving the Environment

It is generally accepted that the environmental footprint of creating, using and disposing of nappies is less for using cloth nappies, with a nappy laundry service giving least environmental impact. However of far greater and more immediate concern is the growing volume of waste this country produces and of greatest concern the volume of waste entering landfill sites, of which current estimates between 2 and 4% of domestic waste is disposable nappies. Many local councils are finding success with rebate schemes to encourage the use of washable nappies—do ask your local Waste Reduction department if your local Council operates a scheme. A list of participating councils will appear on our website shortly. Local councils include Bracknell Forest and Reading.

### Saving You Money

Using washable nappies rather than disposables will save you money, even taking in to account the washing costs and wear and tear on your washing machine. The actual amount saved can be from a couple of hundred pounds up to about a thousand pounds, and will be even more for subsequent children where the same nappy system can be used again. As most parents have found, babies can soon dig a hole into savings and the weekly wage packet, so any respite from this financial drain is very welcome.

### So how much can I save?

There are very many (and variable) factors to take into account:

- 1) How many nappies your baby will need: a newborn uses more than an older baby, a baby that notices the slightest drop of wee demands very frequent changing!
- 2) Cost of disposable nappies: premium branded disposables are more expensive than

For help with choosing nappies: [www.chooseanappy.co.uk](http://www.chooseanappy.co.uk)

Twinkle Twinkle Order & Enquiry Line 0118 969 5550

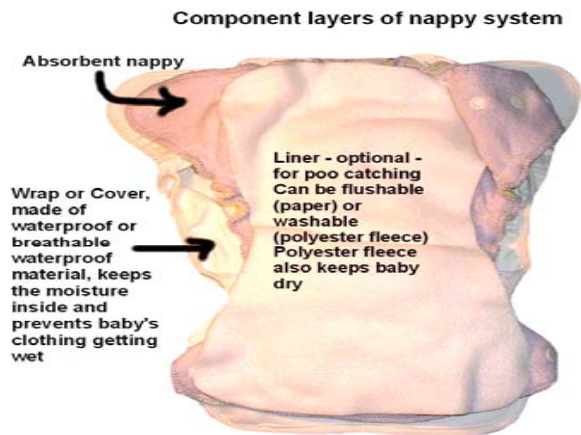
- own brand.
- 3) Washing costs: if your baby uses a lot of nappies you'll wash more frequently. Using an A rated machine minimises energy & water use.
  - 4) Drying costs: line drying is free, if you use a tumble drier this will cost more.
  - 5) Cost of nappy system purchased: All-in-One nappies (where the waterproof layer is an integral part of the nappy) are the most expensive options; two part systems are usually cheaper than All-in-Ones; some nappies require the purchase of two or more sizes, others adjust to fit from newborn to potty; prefolds or terries are perhaps the cheapest options.
  - 6) Re-use of nappies: will you be reusing your cloth nappies for subsequent children, thereby saving more in the long term? Or can you sell them on after use and recoup part of the initial outlay?

Recent studies by the Women's Environmental Network have shown typical savings can be around £500.

### Saving baby from potential problems in the future

Aside from the 'disposable' nappy that doesn't go away (we don't know how long they take to decompose but estimates suggest hundreds of years) thereby creating a huge future problem for our children as nappies are currently rapidly filling up landfill sites, there are other more serious potential issues with the complex chemical compounds that can be found in disposables (we don't really know what if any long term affects there may be). A study of temperature in nappies in Germany a couple of years ago found there may also be issues with temperature in disposable nappies

Further information can be obtained from The Women's Environmental Network and Greenpeace – see back page for details.



## Nappy Starter Selections

Having read and digested the information about the various choices of nappy in this catalogue, I'm sure you will be wondering where to start. In order to assist you in your choice, I have chosen some example selections that may appeal to you. Each collection has sufficient different nappies to last the best part of a day, and includes sample biodegradable flushable liners and a fleece liner. However, do feel free to choose ANY combination of nappies you wish, remember your first order is POST FREE.

Note : the 2 selections below are for newborn use from birth

### T The Newborn Flat Nappy BagKit Ideal if choosing for economy or quick drying

- 1 x Terry (40cm)
- 2 x Muslin
- 1 x Small Prefold
- 1 x Imse Diaper
- 1 x Disana Tie On
- 1 x Imse Soft Wrap
- 1 x Nappi Nippa + Pins

**Collection Price £21.50**  
SUITABLE FROM BIRTH to 12lb (5.5kg)

Includes a selection of flushable liners and our How to Nappy Booklet all packed in a free waterproof nappy bag

### V The Deluxe Newborn Collection Ideal if wanting shaped & fitted nappies, and drying isn't so much of an issue

- Four of the most popular sized nappies with wraps, all are interchangeable with each other
- |                  |                               |
|------------------|-------------------------------|
| 1 x Kissaluv     | 1 x Stacinator So Simple wrap |
| 1 x Sandys       | 1 x Rikki wrap                |
| 1 x Bimble       | 1 x Nature Babies wrap        |
| 1 x Diddy Diaper | 1 x Bumpy Day wrap            |

**Collection Price £59.95**  
SUITABLE FROM BIRTH to 12lb (5.5kg)

We do have other starter selections available, and selections for older babies please ring and enquire or consult our website

A full range of products is available on our site, including clothing from Bright Bots and Cut 4Cloth, toiletries, changing bags, and an extensive range of other nappies and potty training aids

## New In Stock

### Minkis and Slinki Minkis

Minkis are a pouched nappy system with a polyester fleece or polyvelvet outer with polyurethane laminate waterproofing layer inside, and an inner fleece layer inside of that with the back of the fleece layer unattached making the pouch. The inner pouch may be stuffed with a hemp or micro insert, terry square or a prefold. The Large size will accommodate a 60cm square terry. However stuffing this pocketed nappy can be fiddly as the back pouch opening can be a tight fit for larger hands.

Fastens with Aplix brand hook and loop fastening

May be washed at 40 or 60 and as they have no absorbency they will line or hang dry extremely quickly, although they could be tumble dried on low. We recommend doing up the Aplix and turning inside out for washing to avoid the Aplix hook and loop fastening from picking up fluff and sticking to other washing and also to help prevent the fleece outer from bobbling (the poly velvet isn't so prone to bobbling)

Made in Scotland in the Outer Hebrides, these pouched nappies come in two versions and a variety of fabric and sizes.

To avoid confusion we have highlighted the main features of the two styles below:

#### Standard Minki

- \* High in the rise, fitting high up on the waist
- \* Generously cut at the waist with overlapping waist tabs
- \* Wide cut over the hips to accommodate generous stuffing
- \* Styling allows generous padding for overnight use and heavy wetters

#### Slinki Minki

- \* Shorter in the rise to give a trimmer fit
- \* Tabs meet but no overlap of Aplix, meaning less bulky round waist
- \* Trimmer cut over hips to give less bulk
- \* Good for when a trimmer look is needed, also reduces bulk for slimmer babies.
- \* Newborn size available for tiny babies

Sizes available, weight guide

Newborn (Slinki Minki only) to fit 5-10lb (2.3-4.5kg) £9.99

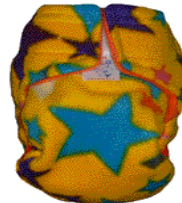
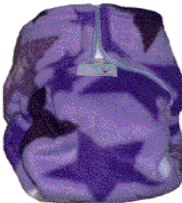
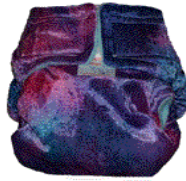
Small to fit 9-15lb (4-7kg) £9.99

Medium to fit 14-20lb (6-9kg) £10.99

Large to fit 18-38lb max (8-17kg max) £11.99

XL to fit 35lb+ (16kg+) £13.99

We have 4 prints available in stock (pictured) from top Purple/blue polyvelvet Mint/blue polyvelvet (polyvelvet is just that, a luxurious short pile soft polyester velvet in lovely shades - we couldn't resist!), Purple stars polyester fleece outer or Yellow stars polyester fleece outer



## How do I assemble a cloth nappy?

It can be confusing when you have as much choice in a nappy catalogue as you do here – this is one of the most often asked questions. You'll need (in this order, laid out flat ready to put baby on, listed from changing mat upwards!)

A waterproof or breathable wrap, usually made of polyurethane laminate or fleece or wool \*

An absorbent nappy (either a flat one ready folded or a shaped and fitted one), these would be made of terry or flannelette\*

A booster (extra padding) for extra absorbency (optional)

Either a flushable liner or a polyester or fleece washable liner (optional) on top

Alternatively substitute an All In One (where the waterproof outer is attached to and part of the nappy) or a Pouched Nappy stuffed with an appropriate absorbent insert instead of the 2 items marked (the wrap and the nappy) \*

## How do I choose which nappies to use?

Having looked through this catalogue, you may well be feeling a bit

overwhelmed at the comprehensive range of products available. Don't be!

Firstly decide how you are going to dry the nappies – if not tumble drying you'll

need to stick to faster drying nappies, so avoid All In Ones. Then ask yourself

whether you feel able to fold nappies (terries or prefolds) - Flat Nappies keep the

cost down. Or would you prefer a Shaped and Fitted nappy, with elasticated legs

and waist, and some sort of fastening too? Do you want a better fit for a

newborn, to contain runny breastfed poo - in which case consider a sized

shaped and fitted nappy—the newborn sized ones are highlighted in purple. Or

are you going to start off with disposables and progress to washables after the

first few weeks? In which case a One-size Nappy won't be too big when you

start to use it, and a One-size Nappy may be useful if you have different aged

babies in nappies too. For those considering nappies for older babies—once the

legs have filled out, and needing convenience perhaps for a childminder or

nursery then the All in Ones or the faster drying Pouched Nappy Systems might

be ideal.

If you're not sure what you want, we suggest trying 4-6 nappies in the first

instance. You'll soon know your favourite—first one on as soon as its dry!

TRY OUR ONLINE NAPPY CHOOSING SITE [www.chooseanappy.co.uk](http://www.chooseanappy.co.uk)

## More help!

I've listed several factors that you may be considering in your choice of cloth nappy. Beside each one I've listed the nappy choices that I feel, from both my own experience and my customers' comments, may satisfy that particular need. Whilst my list is by no means comprehensive (there are so many different factors and so many permutations of nappy!), I hope this section will assist you in choosing the nappy system or combination of nappies to suit you and your baby. You may

For help with choosing nappies: [www.chooseanappy.co.uk](http://www.chooseanappy.co.uk)

need to refer to the Glossary on the inside back cover, and the Newborn Buying Guide overleaf (p44). Alternatively we have further information on the web site. If you have any comments or recommendations for me to expand this section, I would be very pleased to hear from you. **DO ask if stuck!**

**Quick to Dry**—this is usually the most significant factor if no tumble drier

Flat nappies such as Disana Tie On, and Terries are undoubtedly the quickest to dry as they have the greatest surface area, followed by prefolds, the Nappy Nation No Fold Terry that consists of several flaps that hang out when pegged up to dry allowing it to dry quickly yet laid flat together make up the shape of the nappy, and also the Bimble for a newborn and Bumble which is a pouched nappy. Also quick drying is the Imse Diaper. Any All-In-One nappy where the absorbent inner cannot be separated from the backing such as the Kooshies Ultra will take a considerable time to dry (1-2 days without a tumble dryer), however the Stuffables or Happy Heiny's or Fuzzi Bunz pocket nappy system are quicker to dry as the pad can be removed from the cover.

**Cost**

The cheapest systems are flat nappies that need folding: prefolds tie-ons and terries, the most expensive are the All-In-Ones. A one-sized nappy may be a bit bulky at birth and may get a bit skimpy or even outgrown but should do most babies to potty training and is cheaper than a sized shaped nappy system. Comparative costing of the recommended quantity for an average baby is highlighted for each nappy type. Do also be aware that popular brands eg Tots Bots, Kissaluv's, MotherEase fetch high prices second-hand - check eBay—so you will be able to recoup much of the initial outlay once you have finished with them

**Ease of Use**

An All-In-One nappy which is of very similar design to a disposable may seem to be the most easy to use, also the Pouched systems which can be assembled prior to use as these are just one piece to put on but generally neither will be as reliable on containment as a two piece system. Terry nappies are perhaps the hardest to use as they require folding, but you can pad fold these for use in pouched nappies. Generally a nappy with hook and loop fastening is easier to fasten than poppers or Nappi Nippas, which in turn is easier than one without fastenings.

**Absorbency**

For each nappy I have indicated the general absorbency; for example the Mother-ease has its own detachable liner and is more absorbent than say the Imse Diaper which is a much slimmer affair, but will thus be less bulky on a newborn and dry more quickly. However *any nappy* can have its absorbency increased by adding extra Booster liners, or doubling up the nappy as required. Do experiment by adding layers if you get a leaking nappy, especially at night. Another option for heavy wetters at night is to use a wool wrap which allows a lot of evaporation through it during the night, thereby reducing the need for extra padding.

**Environment**

There is quite a wide range of organic cotton nappies now available, ranging in price from £1.60 Disana Tie On nappies to £9.95 one-sized nappies. Alternatively Ellas House Hemp nappies are made from 55% hemp, 45 % green cotton – cotton grown without chemicals. The hemp self mulches removing the need for herbicides, and is resistant to attacks of

Twinkle Twinkle Order & Enquiry Line 0118 969 5550

**New!**

### LilyPadz the reusable non-absorbent Breastpad

LilyPadz are self-adhesive, soft, breathable, silicone breastpads designed to prevent leakage of breast milk and colostrum. Wear them strapless, braless, and even with swimwear as they are virtually invisible. They work by applying a gentle pressure which stops the flow of milk, and are applied by pressing on firmly over the nipple and smoothing the pad over the breast. Reusable and sanitisable. Ideal for whenever you want to stop leaking or avoid the look or soggy-ness of lumpy breast pads, these are the only breast pads you will need. Does not show under white T Shirts!

LilyPadz are gentle to the skin can be worn continuously, simply washing with mild soap and rinsing well with water to restore their tacky properties.

LilyPadz £14.99

### Swim Nappies

We stock kooshies Swim nappies. Designed to stop little poo accidents, these swim nappies consist of an outer layer with mesh inner to help trap poo. A snug fit is provided round the legs and waist by means of good elastication, and fastening with a hook and loop fastening secured with ties as an added safeguard.

Available in 4 sizes approx ages and weights:

Small 0-6 months 7-13.5lb(3-6kg) Medium 6-12 months 13-24lb (6-11kg)

Large 12-18months 24-39lb (11-18kg) XLarge 18-24m 35lb+(16-24kg)

Kooshies Swim Nappy £8.00

Colours stocked: Blue Boats, Purple Mermaids, Green, Red

**Potty Training**—please ask for a copy of our Potty Guide which includes products such as Reward Charts, Bedwetter Pants, Mattress Protectors and Rymax Family Seat.



**Other Products** – From time to time we have a selection of other baby products available, often at a special price. For full details please check the web site for current offers or telephone, fax or email to ask. I can also obtain other nappy brands and items not in the catalogue. There is a wider range on the web site [www.twinkleontheweb.co.uk](http://www.twinkleontheweb.co.uk) . If you don't see what you are looking for **please ask**, I may well be able to source it !

For help with choosing nappies: [www.chooseanappy.co.uk](http://www.chooseanappy.co.uk)

make thoughtful, inexpensive gifts. Another good place to start with Lunapads is for overnight use. If your flow is fairly heavy at this time, then I'm sure you will love the Long Pads. For post partum use we recommend the Heavy Pads.

**Individual Pantyliners**—2 layers of cotton base + 2 layers cotton fleece

**Teeny Pantyliner** (ideal for use with Mooncup)

6"x5.5" (16x14cm)

Print £5.75 Organic Cotton £6.75

**Mini Pantyliner** 8" long and 6.5" wide (16x20cm)

Print £5.99 Organic £6.99



**Individual Lunapads** - 2 layer 100% cotton flannel base topped with a central pad made of 1 layer of ultra-thin nylon and 2 layers of 100% cotton fleece, plus ric-rac bands to hold Liners for added absorbency, **price includes 1 liner**

**Mini Pad** (for light flow) 8" long and 6.5" wide (20x15cm)

Print £8.49 Organic Cotton £9.50

**Regular Maxi & Liner** 10" long and 6.5" wide (25x15cm)

Print £9.99 Organic Cotton £10.99

**Long Pad** 6.5" wide (30x15cm) for heavy flow

Print £10.99 Organic Cotton £12.50

**Heavy Pad** 14" long and 7" wide (35x18cm), ideal postpartum

Print £12.99 Organic Cotton £15.50

See website or enquire for more information

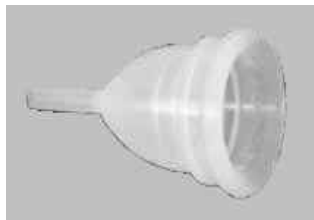
### THE MOONCUP

The Mooncup is a comfortable, cost effective and environmentally friendly alternative to disposable tampons. Worn internally, the Mooncup collects menstrual fluid without leakage or odour. The Mooncup is reusable for at least 10 years, and each woman only needs one. The Mooncup is a bell shape cup around two inches long, made from soft medical grade non-allergic silicone. To insert, you simply fold the wide end, and it will release inside you to form a neat seal.

The Mooncup is available in two shapes for best fit: Model A for women who have given birth vaginally, and Model B for women who have not given birth vaginally. Please take care to ensure you order correctly., ask for advice or more information if needed.

Made in the UK. **Mooncup Size A or B**

£19.99



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mildew. Most of the nappies sold are also available in unbleached versions too. It is also worth remembering that any slow drying nappy may tempt you to use a tumble drier!

For a breastfed baby with more runny poo

A shaped and fitted nappy with elastic round the legs and waist is best at catching poo. Additionally the wrap over the top will give added protection; should loss occur from the nappy it is unlikely to leak out of the wrap too. All In Ones do not give this added security from leaks as they have only one leg barrier. Generally a multi-sized nappy will fit a newborn better than a one-sized one where compromise has to be made at either end of the growth spectrum. The best nappies for containment seem to be Nappy Nation, Tots Bots (esp Nippa fastening versions of nappies), Easy Peasy Bimble/Bumble, Ellas House, Motherease, Sandys, Kissaluv's and the UltraFit/Snug to Fit/Multi Fit styles of nappy. A lot does depend on the size and shape of your baby so please if in doubt do phone for further advice. A terry can be carefully folded to achieve good containment, but, as with prefolds, pinning works better than relying on a hook and loop fastening wrap to hold the nappy together. For very small newborns, a simple slim fitting but good on containment nappy is the Imse Diaper which although it as no elastic is easily wrapped around baby to give a good fit. A prefold or a nappy where the absorbent layer is as a strip or pad will be less successful at catching the poo and consequently may require more frequent changes of wrap.

Slim Fitting

The slimmest nappies are often the thinnest, so may need more frequent changing or extra padding eg Imse Diaper, Disana Tie on. For a newborn the Bimble is neat and trim. Thicker nappies for bigger babies that still look slim include Kissaluv's which are quite low cut but well padded where it counts, Imse Organic Terry, and the pouched nappies—Fuzzi Bunz and Stuffables. For shaped and fitted nappies, poppers or using Nappi Nippas will always be slimmer than Velcro/Aplix which adds extra layers. Hemp nappies are always trimmer than cotton as hemp is more absorbent weight for weight than cotton. The Motherease One Size ends up looking trim for an older baby but is bulky on a newborn, as do using Size 2 Nappy Nation (non-Aplix) as a one sized nappy.

More than one baby of different ages in nappies

Use one size nappies with different sized wraps for each baby to suit, for example: prefolds, terries, Imse Diaper, or an adjustable nappy such as Mother-ease or Snap-To-Fit/UltraFit/Earthwise, Tots Bots or Nappy Nation size 2 where the front can be folded down for a smaller baby or the Bimble that will adjust to fit both sizes. Fuzzi Bunz, Happy Heiny's, Mikis and Stuffables can be bought for each size but stuffed with the same boosters, terries or prefolds. For twins, you'll need about 1.5 times the number of nappies for one (remembering your machine load will be 15-18) but it is useful to have about 4 wraps per baby.

What is the best nappy for night time?

Absorbency is always needed at night, and many people feel they do not want to 'brave' cloth at night. However there are plenty of options available. Amongst the most absorbent nappies are the Tots Bots, Ellas House Bumhuggers, Motherease, Sandys, Imse Organic and UltraFit Terry, especially the Organic version. However extra absorbency can be achieved by adding boosters to any nappy rather than buying a 'special' night nappy, and also by using a very breathable fleece or wool wrap which allows a lot of moisture loss by evaporation.

## How many nappies will I need?

Your requirements will vary according to your baby's needs and to your washing cycle, so please do bear in mind you may need more nappies if you wish to wash less frequently and do not tumble dry. If you are going to use cloth nappies on a part-time basis then naturally you will need to adjust the number of nappies accordingly.

Newborn babies will typically use 8-12 nappies per day, reducing within the first 2-3 months to 6-8 per day. Older babies of say 1 year+ will need 5-6 per day.

Thus the **number of nappies** you will need =

Number of nappies per day x number of days before you wash (usually 2 or 3 days), and add 2-3 extra to allow for drying

### HOW ON EARTH DO I CHOOSE?

I recommend that initially you read about the types of nappy below and decide which type of nappy system will suit your budget, your washing/drying needs and your lifestyle, before dipping into the further details about the individual products. Or visit [www.chooseanappy.co.uk](http://www.chooseanappy.co.uk) for help  
Each section is colour coded according to the type of nappy.

## The Nappy Selection

### TWO PART NAPPY SYSTEMS

These comprise an absorbent **nappy** for use with a separate waterproof **wrap** on the outside. Benefit of Two Part: good containment as wrap will contain should the nappy leak.

### NAPPIES – there are several different types to consider

#### Flat Nappies (terries and prefolds) - page 10

- Most economical.
- Quickest to dry
- Require folding to fit, often this is just simple folding (but we do give instructions!).
- Do not always need pinning - there are alternatives!
- Some compromise on containment, practise at fitting/fastening can resolve this.
- Longest lifespan, no elastic to wear out - and, being flat, are often used for other tasks afterwards.
- **Wraps** will be needed to go over the top

#### Shaped Nappies – page 13

- Easier to use than flat nappies.
- Elastication at legs and waist gives best containment.
- Sized to give best fit without too much bulk.
- Padded between the legs for best absorption.
- Slower to dry than flat nappies.
- Popper or hook and loop for ease of fastening, or terry fabric fastened with a Nappi

## For the rest of the family

Ever noticed that most deodorants contain Aluminium Chlorohydrate? I've often wondered if there will eventually be any connection between deodorants and health problems, aluminium being considered a contributory factor in the onset of Alzheimer's disease. Do try these natural aluminium-free alternative.

**Tea Tree Roll On Deodorant 60ml £4.45, Anti Perspirant 60ml £4.45**

**Green People Rosemary Roll On Deo/No Scent Deo (75ml) £6.49**

## Menstrual Pads

It seems only natural if you're washing your baby's nappies to start thinking of other ways of improving your comfort and reducing waste...

Simple to care for, you can soak in a lightly salted solution to help prevent staining, or simply wash (and dry) as you would nappies.

**Imse Vimse Menstrual Kit** Made from the same quality soft cotton flannelette as the Imse Diaper, these unbleached cotton pads are very comfortable to wear. The Kit comprises 1 (longer) night time plus 2 regular polyurethane laminate lined holders with flaps each end under which the pads are tucked, and with wings that popper underneath your panties to hold in place, plus assorted sized (1 large night time 6 regular 1 pantie liner) unbleached cotton flannelette pads to insert according to requirements. Comes with cloth carry bag. You will probably need more than one kit for a complete cycle, in order to wash and dry the holders for re-use the next day.

**Imse Vimse Menstrual Kit £17.99**

## Lunapads

Lunapads unique design provides maximum protection with minimal bulk. The base of the pad is made of 2 layers of 100% cotton flannel with a very thin layer of breathable, water resistant nylon between them that wraps around your underwear. Small plastic snaps at the edges of the base fasten together to hold the pad in place. On top of the base are sewn two layers of 100% cotton fleece to provide the absorbent core, and extra cotton fleece liners are available for use with the maxi pads and the long pads for extra absorbency. The extra liners tuck under a small braiding at each end of the pad, and can be changed frequently throughout the day as required without having to change the whole pad. Liners are basically an inexpensive way to make your Lunapads go further.

Lunapads are available in assorted prints, or in organic unbleached cotton. The Lunapads collection is designed to meet specific needs during different times of your cycle, allowing you to customise your choices without having to buy more pads than you need. If you are curious but cautious about trying Lunapads, the best places to start are with the Mini Pads or Regular Maxi. These options allow you to see what Lunapads are all about without making a big commitment, and also



For help with choosing nappies: [www.chooseanappy.co.uk](http://www.chooseanappy.co.uk)

## Magic Fairy Kisses

A soothing cream full of 'nature's helpers', natural plant extracts of calendula, tea tree, lavender and witch hazel. This cool cream soothes all bumps, knocks and stings, and again can be used to weave your own tale of the special cream that the magic fairy has to make bumps and scrapes feel better. Non stinging. Not tested on animals.

**Magic Fairy Kisses Bump Balm** 50g £5.95

## Magic Fairy Out and About Spray

Out and About Natural Tea Tree cleansing spray with lavender. Tea Tree, eucalyptus Spray. With lavender, tea tree, eucalyptus and vitamin E, this spray is multi-purpose. It will disinfect toys, high chairs and anything else you may wish to clean including, (when used with washable baby wipes - spray onto a flannel/washable wipe as required) mucky hands, faces and bottoms. Not tested on animals. Safe for all ages.

**Magic Fairy Out and About Spray** 250ml £6.45

## Laundry Essentials

### Tea Tree Oil

Tea Tree Oil is renowned for its antibacterial and antifungal properties. I use just 5 drops in my nappy bucket, so although it appears expensive it does last a very long time. It has many other uses – a list and instructions is supplied with every bottle.

**Tea Tree Oil** 10ml £3.95 25ml £7.45 50ml £12.95

**Nappy Mesh.** A mesh bag which is placed inside your nappy bucket.. When you transfer your nappies to your washing machine, this mesh keeps them together and allows easy drainage.

**Nappy Mesh** £3.85

**Olive Soap** Pure olive oil soap for washing wool wraps. **200g block** £2.25

**Wool Cure** Lanolin treatment for re-waterproofing wool wrap **250ml bottle** £5.99

## Washable Wipes

Made of soft unbleached organic cotton flannelette, these wipes can be used with water (and a little soap, Lavender Cleansing Bar or Chamomile Body Wash) to gently clean, then can just be popped in your washing machine along with the nappies making an economic chemical and perfume free alternative to disposable baby wipes. **Pack of 12** £8.99

## Nappy Nation Wipes & Bag plus fold out Nappy Bag

For carrying two or three nappies when out. Waterproof zip bag with 10 wipes plus a second (bigger) zip bag for 2-3 dirty nappies. Machine washable

**Nappy Bag & Wipe Set** £10.00 Lavender, Green or Pink

**Extra Wipes** £2.40 for 6

**Polyester Nappy Bag (assorted plain colours) for out & about** £3.99

## Deluxe Fold-Up Changing Mat

With brushed printed flannelette surface, absorbent layer and waterproof backing. 50x74cm approx but folds small into handbag

**Changing Mat** £7.95

**Please note we have a huge range of natural toiletries on our website**

**Twinkle Twinkle Order & Enquiry Line** 0118 969 5550

Nippa for best containment.

- More expensive overall than flat nappies or one sized nappies.
- **Wraps** needed to go over the top

**Within the Shaped nappy Section, we have also included a special selection of Newborn Sized nappies—highlighted in purple ideal from birth, being not too bulky they will work well and yet be slim fitting.**

**One-Size Fits All Nappies – page 19**

As shaped nappies but also

- One size fits most babies from birth to potty
- Compromise on fit compared to sized nappies - may be bulky for newborns, and may get outgrown by tall babies.
- More expensive than flat nappies, but less than sized nappies.
- Suitable for more than one in nappies at same time, particularly if different ages.
- **Wraps** needed to go over the top.

**WRAPS – page 22**

These go over the top of the absorbent nappy, and protect the clothing and surrounding environment from the wet and/or soiled nappy. As the fit of these is more crucial to prevent leaks, you'll need several different sizes of wrap as the baby grows.

- For use with all flat and shaped nappies.
- Protects surrounding environment from nappy dampness and contents.
- Available as pull on pants, or with hook and loop or popper fastenings.
- Totally impermeable (PVC or nylon), non-permeable or semi permeable breathable (polyurethane coated) or fully breathable (wool or fleece), white, plain coloured or patterned options available to suit your needs.

**ALL-IN-ONE, ONE PART NAPPIES – page 32**

- One piece to put on, so very straightforward to use.
- Absorbent inner layer with waterproof outer usually sewn on as one piece.
- Fasten with Hook and Loop fastening or poppers.
- Slowest to dry.
- Generally most expensive option.
- May be less effective on containment and fit
- Most likely to suffer from wear and tear.

**POUCHED NAPPY SYSTEMS – page 33**

- One piece to put on, so very straightforward to use.
- Absorbent inner placed in pouch to use, separates for easy washing and drying.
- Fasten with Hook and Loop fastening or poppers.
- Fast to dry.
- Generally more expensive option.
- May be less effective on containment and fit
- Most likely to suffer from wear and tear.

## The Nappies

### FLAT NAPPIES

#### Terries / Muslins

Suggested Minimum Quantity: 24 x 60cm  
Terries from £ 60 + 4 wraps per size (page 22) You may need muslins or small terries for a smaller newborn.

- Many sizes and qualities available: white, unbleached and coloured terry.
- Three types of muslins: unbleached/organic, white and colours/patterns. Muslins are ideal as a non-bulky nappy for a newborn and later as a general all-purpose cloth.
- One size (60cm) may fit from birth/3 months to potty.
- Economical.
- Large surface area so quick to absorb and quick to dry.
- Can be bulky.
- Requires folding.
- Needs securing with pins/Nappi Nippa/close fitting wrap.
- No elastic so may leak from nappy on to wrap.

Our 'Little Ewe' unbleached terries are made in Europe of 100% unbleached cotton, and so are creamy in colour but consequently do shrink a bit, sometimes unevenly, and are not as neatly finished as some. Also available in pastel shades blue pink or yellow. Our own British made Twinkle Terry is of thick pile with a luxurious satin binding finish but also available in unbleached cotton in a natural creamy colour with matching trim. As the fabric has been washed and scoured, the shrinkage is minimal. If you're looking for colour the Australian Bright Bots come in packs of 6 assorted bright colours: red, orange, yellow, green, blue and purple – ideal for use without a wrap or for lining a changing mat, although a little colour comes out for the first few washes.

Terries are very versatile and have many uses, as well as being able to fit all size babies. For speed, especially for smaller terries, or for use in a Pouched nappy system you can just fold the nappy into a rectangular pad in the wrap by folding the corners to the centre to form a smaller square, then folding that into three. Alternatively fold traditionally and fasten with a Nappi Nippa – see page 37. You'll be relieved to know that full folding instructions are given with every purchase or can be supplied free of charge – send a SAE marked 'Terry Folding'. For a less bulky but quick drying alternative for newborns, and also for a multitude of other things – burp cloths, boosters, mopping up cloths etc, our Muslins are a useful larger than average 80cm square (as opposed to the usual 60cm square) and are available in white, unbleached or in 70cm in patterned with a bug/teddy bear print or lemon/mint or pink or blue. Twinkle terries are made in UK.

All terries and muslins wash at up to 95°C (40 or 60°C Bright Bots) and tumble dry hot.



is considered highly effective in the treatment of stress and depression and is extremely helpful in soothing mind, body and spirit and promoting natural sleep. A touch of aromatherapy at bath time!

**Lavender Cleansing Bar £2.49**

**Natural Calendula Daily Care Cream 43g or 113g tube**

This product has been developed with botanical and essential oil extracts of calendula – the marigold plant– to gently moisturise and act as a natural barrier to protect delicate skin against wetness, to moisturise and aid in the prevention of nappy rashes and minor skin irritations. Marigold has natural anti-fungal properties and may be safely used wherever there is inflammation of the skin.

**43g £2.99 113g £5.49**

**Natural Red Clover Nappy Care Cream 43g or 113g tube**

Botanical extracts of red clover, a natural anti-inflammatory, have been combined with zinc oxide to bring you this wonderful gentle natural cream to provide quick and effective relief from nappy discomfort and minor skin irritations, as well as seal out wetness, help protect baby's skin and promote healing. Unscented

**43g £2.99 113g £5.49**

### Little Green Earthlets

#### Magic Fairy Baby and Toddler range

Little Green Earthlets skincare products use the best natural ingredients they can find. There are no artificial colours, fragrance or harsh bulking agents. These products are not tested on animals. Please telephone for details of specific ingredients of these products.



### Bedtime Bubbles

Cradle and nurture your little one in these warm and gentle Lavender bubbles. A bath before bedtime will help soothe and relax even the most restless soul and that includes Mummy and Daddy too! Antiseptic Tea Tree helps ensure your baby and bathroom stay healthy! Sleep tight!!

#### Bedtime Bubbles Baby Bath with Lavender and Tea Tree

**250 ml**

**£5.95**

### Milk Splash

Caress your baby's skin with this yummy bath milk oozing with the goodness of nature's most bright and gentle sunflowers and marigolds. The delicate infusion of Lavender and Tea Tree will help nourish and protect sensitive skins especially if they are dry or flaky. See how silky soft your baby feels after bathing.

#### Baby Bath Milk with Lavender and Tea Tree 250 ml

**£6.25**

### Better Botty Balm

Better Botty Balm is full of the magical Tea Tree Oil - one of nature's most powerful antiseptics - sting free yet cooling and calming. We've also added some soothing Calendula and Vitamin E that together with Tea Tree will help protect and strengthen tender botty skin!

#### Better Botty Balm Tea Tree Nappy Balm for Babies 100ml £6.45

## SLING EASY BABY SLINGS

Do you have a baby who loves to be with you? Have you longed to carry your baby without back or neck pain and still keep your hands free to do other things?

Well now you can. The "Sling Easy" is both safe and comfortable for you and your baby. The slings are made in the UK (just a few miles from me!) with attention to detail in an exclusive range of durable and soft 100% cotton fabrics, easy to machine wash and dry. Sling Easy was developed by a consultant paediatrician, and is the original unique design, not a copy.

The baby's weight is distributed between the shoulders and hip of the parent. With soft hypoallergenic padding in the shoulder pad and along the edges of the sling, many users find they can wear the sling for much of the day. Suitable from newborn to 35lb, they are so easy to put on – simply pop over your head, no complicated straps. There are several ways to carry your baby in the sling, and you can even breastfeed baby discretely in the sling too. Full instructions with every purchase.

Available in several fabric colours and patterns. Sizes: **Small** - For those who are 5'3"/1.6m or under, **Regular** - For the average wearer, **Long** - For those of 6'/1.81m or above or over 14st/90kg. (XL available to special order only). Sizes assume average dress size – if in doubt please do phone for more information.

**Please state size you require plus fabric choice (Ask about Organic!)**

**Colours and prints available, £40.95**

**Black, Navy, Cornflower Blue, Racing Green, Beige, Purple, Cerise**

**Aztec, Red Tartan, Blue Tartan:**

**Designer Fabrics £41.99 Cool Cats (pictured), Black Swirls.**

**Organic £45.99—please ask for current colours and availability**

**Baby Toiletries – Earth Friendly Baby**

**Natural Chamomile Shampoo and Body wash 251ml bottle**

This shampoo and bodywash has been specially created with botanical and natural oil extracts of chamomile to gently cleanse without leaving behind any residue. Chamomile has been chosen as a key ingredient because for centuries it has been used for its gentle healing properties.

**Natural Chamomile & Body Wash £3.99**

**Natural Lavender Cleansing Bar 99g**

Leaves baby clean, fresh and with that wonderful soothing smell of lavender oil. Lavender



## Little Ewe Unbleached Terries

Little Ewe Small Terry 40cm x 40cm approx, £1.75each (for pad folding)

Little Ewe Standard 60cm x 60cm approx £2.40 each unbleached

Twinkle Terry White/Unbleached 40cm x 40cm £1.95each

Twinkle Terry White/Unbleached 50cm x 50cm £2.65ea

Twinkle Terry White/Unbleached 60cm x 60cm 3.25ea—larger sizes also available, please enquire

**Bright Bots Pack of 6 assorted bright colours £16.00 pk of 6/£2.70 each**

## MUSLINS

Unbleached or White Cotton Muslins (80 x 80cm) (ideal first nappies/many other uses) £12.50 pk of 10

Organic 80cm £17.50 pack of 10

Lemon/Mint muslins 70cm £7 for 6 (3 each colour)

Pink or Blue Muslins £7 for 6

Patterned muslins assorted print 80cm £3.95 pack of 3

Suggested wraps for terries: For traditionalists with pins or Nappi Nippas -Pull on pants (see web site or enquire) or AirRika (not suitable for pad folding or non-secured terries). Bumpy, Soft Wrap, Rikki, Tots Wrap, Nature Babies, Kooshies, Popo for folding without pins, Prorap for pad folding, or stuff in a Fuzzi Bunz, Happy Heinyz or Stuffable.

If you like terry fabric, see also Imse Organic terry Diaper page 21, Sandys page 16, Tots Bots page 17, Mother-ease page 22, Kissaluv's or Nappy Nation No Fold Terry page 18.

Please note we have further brands, qualities and sizes of terry squares on our web site or we can obtain your specific requirements to order

## Prefolds

Suggested Minimum Quantity :18 Small +18 Regular = £68.94 +4 wraps per size (page22)

- Three sizes of standard prefolds plus Kooshies stocked
- Two or sometimes three sizes needed to fit from birth to potty.
- Economical but slightly more expensive than terries.
- Quick to dry, but not as fast as terries.
- Less bulky around the hips than terries as the fabric is prefolded and stitched into 3 panels, the centre panel which goes between the legs being thicker and thus more absorbent.
- Easier to fold than terries.
- Usually secured with a close fitting wrap, may be pinned.



For help with choosing nappies: [www.chooseanappy.co.uk](http://www.chooseanappy.co.uk)

- May leak from nappy to wrap, although pinning helps prevent this.
- Wash at 60 can tumble dry

These consist of a large rectangle of fabric that has been folded and stitched in to three panels, the centre panel being thicker than the outer two. Can be washed at 60°C or 95°C and tumble dried on hot. These nappies, made in Asia, are of the type used by many Nappy Laundry services, and are made of woven cotton, 4 layers thick with 8 layers in the centre panel. We also stock the Canadian Kooshies prefolds, which are softer and of brushed flannelette, and small so ideal for a newborn/first months. The pretty patterned Kooshies make good burping/ mopping up cloths too. The prefold is folded into a pad (instructions given with each purchase) so that the most absorbent area is where needed and placed in the wrap.

**Prefold Small up to 15lb (7kg), pack of 6** £ 9.99 / £1.80 each  
**Prefold Regular 15-35lb (7-16kg), pack of 6** £12.99 / £2.20 each  
**Prefold Toddler 25lb+ , pack of 6** £14.99 / £2.50 each  
**Kooshies White, pack of 6, 49 x 30cm approx** £10.95 **Pack of 12** £19.95  
**Kooshies Patterned, pack of 6** £12.95

Suggested wraps include Prorap, Litewrap for chunlier babies, SoftWrap, Bumpy, also Rikki, Nature Babies, or stuff in a pouched nappy eg Happy Heinys, Fuzzi Bunz or Stuffables

### Disana Organic Cotton Tie On

Suggested Quantity 20 + 20 Liners = £62 plus 4 wraps per size (page 22)

- Made of stretchy knitted 100% organic cotton.
- One size fits from birth to potty.
- Very economical even with the additional boosters needed for more absorbency.
- Extremely quick to dry.
- Less bulky for a newborn, additional absorbency added as required for older babies.
- Very basic folding over at top to reduce height .
- Fastens with attached ties.
- Stretchy fabric gives good snug fit so better on containment than most flat nappies.
- Ties sometimes difficult to undo when wet and need tying together to prevent tangling in wash.– wash at 60 or 90, can tumble dry.



**Disana Organic Cotton Tie On Nappy** £1.60 each  
**Brushed Organic Cotton Liners (40cm sq)** £1.60 each

Suggested wraps include Popo, Rikki, Bumpy, Tots Wrap , Litewrap, Nature Babies, Airflow/ Vento and any pull on pants (enquire) or wool wrap. For Organic we suggest the Stacinator Organic wool wrap, but the Disana Pull on Wool is a good cheaper alternative although not organic wool.

Twinkle Twinkle Order & Enquiry Line 0118 969 5550

**Twinkle** Three layers of soft terry towelling for extra absorbency, approx 32cm x 11cm slightly wider (2-3cm) at each end. **Each** £1.50

**Twinkle Twoosters** Two layers of terry, one of fleece to give a stay-dry layer ideal for nights **Each** £2.00

### LINERS (for catching poo, and lining nappy)

#### Polyester Washable Liners

A polyester liner serves a useful purpose in that it allows a thicker layer between nappy and baby, and as polyester does not absorb water, this will keep baby dryer whilst allowing wee to pass through to be soaked up by the nappy. Especially useful at night.

**Pack of 2** £3.00

#### Silk Liners

Silk is a natural fabric, and these are ideal for sensitive skin and treating nappy rash. Wash at 30°C. Each. **Small 24 x 16cm** £1.50 **Large 48 x 16cm** £2.00

#### Silver Liner

Polyester liner with threads of silver—silver is antibacterial **£2.00**

#### Fleece Liner

A thicker layer of polyester fleece that leaves baby's skin naturally dry (ie not chemically dry as with a disposable) by allowing wet to disperse through into the absorbent nappy. Shaped at each end narrowing to approx 13 cm crotch, this keeps a large area of baby's skin dry. Very good for night time or when travelling

**Each** £1.00  
**Pack of 6** £5.00

### FLUSHABLE BIODEGRADABLE LINERS

#### Flushable biodegradable liners

Use to catch the poo and flush down the loo. Can be washed if just wet, for 3-4 washes. If your plumbing is fine, will not block drains. **Roll of 100** £2.50 **Roll of 200** £4.85  
**Pack of 200 baby sized**(for under 1 year) £4.75

### Nappy Fasteners

#### Nappy Nippas

Pack of three plastic hooked gadgets for easy fastening of terries without pins. Simply hook one side of the T into the fabric, stretch whilst holding it in place and hook the other side. Then tension it by hooking the downward part of the T. Simple and safe.

**Single** £1.30 **Pack of 3** £3.85

#### Prym Nappy Pins

Pack of 4 quality sharp steel pins, with lockable head, that go through the fabric easily without you having to push hard. To keep the pins sharp and snag free when pinning your nappies, store the tips in a bar of soap or beeswax, or run through your hair before pinning. **Pack of 4 Pins** £1.80



## TRAINER PANTS

Trainer pants are designed to give some protection against small accidents whilst in the transition period between nappies and pants. The pull up design is easy for your child to put on and take off to use the potty, but unlike ordinary pants they have a hidden water-proof layer. They will not, however, stem a flood, but are capable of preventing accidents. It is recommended that you change them as soon as practical after your child has wet, otherwise the construction of these pants can allow damp to gradually wick through from the inside to the outside. Trainers do not have the capacity of a nappy and should really only be used for accident prevention. Many people actually by-pass the trainer pants stage all together, since their function is limited and for such a short period of time they can work out quite expensive.



### Bright Bots Trainer Pants

These are made of cotton jersey, with a foam soaker area with waterproof backing. Available only in bright red, blue, green, orange, purple, pink or yellow, in four sizes S to fit very approximately up to about 18m, M 18m-2, L 2-2 1/2, XL to 3 1/2.

**Bright Bots Trainers £3.80**

### Imse Vimse Bumpy

A soft, comfortable trainer pant with cotton terry inside, knitted cotton outer and a breathable polyurethane laminate waterproof layer between the two. One sized, to fit 2-3 years, these trainer pants have softly elasticated legs and waist



**Bumpy Trainer Pant to fit 2-3 years £8.50**

Other brands of trainer pants available to order.

\*\*\*\*We also stock Motherease Bedwetter Pants and some swimpants – please enquire.

## Those little extras

### BOOSTER PADS (aka BOOSTER LINERS, for adding absorbency)

Particularly for night times, or to pad out a nappy for a slim baby, booster pads give useful extra absorbency and thickness to a nappy. Different manufacturers' booster pads vary in size, please note that the measurements below are only approximate. Do experiment with the number of booster pads you need especially where you are looking for a nappy that will last through the night; if you get a leak add another layer. For extremely heavy wetters you may find that a prefold folded into a pad will be more absorbent than boosters, or alternatively use two nappies. You will find that these extra layers may well need a larger wrap. For the first few weeks with newborns, whilst they wee frequently in small amounts, some of the thicker boosters. All booster pads can be washed with the nappies.

**Imse Vimse** 3 layers unbleached cotton flannelette, length 37cm, width 11cm at crotch widening to 17cm at each end.

Each £1.60

## Imse Vimse Diaper

Suggested Minimum Quantity: 3 x pack of 8 = £114 OR combine some with Imse

Organic terry = £36/pk 4 + 4 wraps per size (page 22)

- Made of quality unbleached soft brushed organic cotton flannelette.
- One size fits from birth to potty.
- Padded in the centre, and, with separate flap to fold to suit boy/girl is quicker drying than prefolds.
- Slim fit for newborn, additional absorbency/2 together required for older babies (boosters).
- Very basic folding over at top reduces height.
- Better on containment than most flat nappies.
- Fastens with a close fitting wrap, can be pinned.
- Wash at 60°C or 95°C and tumble dry on hot. Line drying is medium/fast.
- Very popular choice for newborns, as not bulky.
- Made in EEC.



**Imse Diaper £4.95 each Pack of 4 £19.80 Boosters £1.60 each**

Suggested wraps include all close fitting wraps eg Bumpy, SoftWrap, Prorap, Rikki, Popo, Tots Wrap, if pinning will suit most popper/pull on wraps.

## SHAPED NAPPIES

### Newborn Sized Nappies

These are ideal as a first nappy, either for a lower birth weight baby (or twins) or as a slim fitting starter nappy before moving on to a one-sized nappy or a second sized nappy that can be folded down. These usually have a high re-sale value secondhand **Newborn nappies are highlighted in purple in this section**

### Diddy Diaper

by Nature Babies, a neat fitting non-bulky first nappy with elasticated waist & legs, no fastening (for use with Nappi Nippa) or Aplix. First size fits from birth to max 18lb. Good on containment. New larger Size 2 will fold over at the front to make a one-size birth to potty nappy or suitable as second size from 15-18lb. Made in UK of a soft unbleached stretch terry, with soft unbleached 100% cotton jersey inner.

**Diddy Diaper £4.99 With Aplix £5.99**

### Diddy Diaper Size 2

Exactly same styling as above but larger to fit from 18lb, the front can be folded down and secured with a Nappi Nippa to use from birth. Nicely slim fitting, soft jersey cotton next to skin, good containment.

**Diddy Diaper Size 2 £5.99 With Aplix £6.99**

Also available in quicker drying Microfibre terry, non Aplix **Small £6.25 Size 2 £7.25**

Suggested wraps as Kissaluv (overleaf)



## Sandys / Popolini Two Size

Suggested Minimum Quantity: 18 small + 15 large = £257 + 4 wraps per size (page 22)

- Stretch terry fabric available in unbleached or white.
- Evenly padded throughout giving good absorbency without too much bulk.
- Slower to dry due to thickness between legs.
- Popper fastening at waist and thigh, at sides.
- Three sizes, plus extra small for premature and slim newborns.
- Wash at 60C and can tumble dry
- XL size is good for toddlers as can be pulled up.
- Sandys made in Canada by Motherease/ Popolini made in Europe



An 85% cotton terry pile with 15% polyester backing, this stretch terry nappy with multi-position side popper fastenings, is elasticised all round the waist and legs to ensure a good fit. Add boosters for nights. The popper fastenings are harder for small fingers to undo! White or natural. Although this nappy comes in 4 sizes, you'll probably only need 2 to 3 sizes. Many babies fit the XL from about 22-24lb, and often this size is a better buy than the L. as sizing tends to come up a little small. XSmall is available in Natural only, and is ideal from birth. Made in Canada by Motherease, Popolini Organic in Europe. (Popolini were formerly the European manufacturers/distributors for Motherease products. We stock the Popolini Two Size Organic., in 100% organic cotton

**XSmall 6-12b (2.75-5.5kg) (Natural) £6.75, Small 8-20lb (3.6-9kg) £7.25**

**Large 18-35lb (8-16kg) £7.99 Xlarge 35lb+ (16kg+) 9.25 (Natural)**

**Popolini Two Size Organic: Small £7.95 Large £8.45 XL £9.25**

Suggested wraps Popo, Rikki, AirFlow, Vento, Bumpy, Imse Softwrap, Litewrap, Stacinator So Simple, any wool or fleece wrap.

## Tots Bots

Suggested Quantity 10-20 Size 1 (£67.50-£145), combine with up to 20 Size 2 to use as a one size or second size to grow in to (£72.50-£155)+ 4 wraps per size (page 22)

- Terry fabric choice of white, unbleached or new pastel colours.
- Narrow fit between the legs, but with 5 layers of terry for very good absorbency.
- Fold out flap attached at rear for additional absorbency, fold to front for boy, back for girl, this unfolds to assist drying speed.
- Slower to dry.
- Choice of Aplex hook and loop fastening or without fastenings for use with Nappi Nippa for best containment and a slightly speedier drying time.



## Buying for a Newborn?

It is difficult to choose which nappy, and indeed in most cases a combination of nappies works best. However, I'm always being asked what to buy for a newborn, so here are a few ideas:

As newborns are renowned for going through a lot of nappies in the early days (sometimes 12+!!), it is often most sensible to opt for a number (which depends on how often you intend to wash/how quickly can you dry them, but most opt for between one and three dozen) of flat nappies either terries, muslins, prefolds or flannelette Imse Diapers (page 16), plus if desired some fitted nappies or All-In-Ones too. It is often easier to put on the small size rather than deal with the bulk of a regular size nappy with a tiny newborn baby, so you may wish to opt for more small size than large – these small size will then come in handy for many uses later on such as mopping up cloths when baby learns to feed themselves with finger food – or for putting inside another nappy to act as a booster for increased absorbency. You will also need at least 4, possibly 5 or 6 wraps – you will find that newborn baby poo can be very runny and get everywhere, so you will have to change the wrap quite frequently. It is a good idea to try two or three different styles and sizes – your baby will outgrow these quickly and this will then give you a better idea what to get in the next. size. You may also decide to get some fitted nappies and/or some All-In-Ones to complete your collection – these may be useful especially for going out. You may also want to use some liners to catch poo – either washable fleece or flushable. You can make your own fleece liners from a length of polyester fleece available in most good fabric shops – simply cut rectangles or shapes to cover your nappies.

## What else will I need?

As well as nappies, wraps and liners, you'll probably need

### For Home:

Muslins either for additional small nappies or for burp cloths, mopping up etc  
Changing Mat – if you buy a purpose built table one may come with it.  
Nappy bucket or bin with close fitting lid. Try your local DIY store, Poundstretcher, etc  
Nappy Mesh to go in nappy bucket or rubber gloves to minimise handling of soiled nappies when transferring to washing machine  
Washable Wipes – either bought or make your own from old flannelette sheeting or towels, cut and oversewn, or cut up J cloths.  
If soaking, either Tea Tree oil. Lavender oil, white vinegar, bicarbonate of soda.  
Non bio washing powder.  
Also useful – vest extenders to give vests an extra few inches to go over your nappies

**Not seen what you're looking for? Ask or look on our website, this catalogue is only a very small selection of what we stock!**

For help with choosing nappies: [www.chooseanappy.co.uk](http://www.chooseanappy.co.uk)

- Multi Sized, 2 sizes only usually required from birth to potty.

The Aplix fastening allows good adjustability, the popper version has a popper down front on both the Small and Medium sizes to increase the range of fit. The leg gussets allow a neat fit and minimise leakage.

**Small 8.5 to 18lb approx (3.5– 8kg)**

**Medium 18-35lb approx (8-16kg)**

**Large 35lb (16kg+) To Special Order**

**Nature Babies Stuffables Please State Aplix or Poppers £10.00**



### Happy Heineys

These American made pouched nappies come in 4 sizes and are very trim fitting. Polyester outer are more watertight but they also come in a range of polycotton fun prints—ask or see web site for current selection. Aplix hook and loop fastenings

**Small to fit 8-16lb (3.6-7.5kg),**

**Rise 14.5" Thigh 11-15"** ('rise' is the measurement from waist to waist through crotch)

**Medium to fit 14-25lb(6.5-11.5kg)**

**Rise 18" Thigh 14-21 "**

**Large to fit 23-35lb(10.5-16kg)**

**Rise 20" Thigh 17-25 "**

**X-Large to fit 30-40lb(13.5-18kg)**

**Rise 21" Thigh 18-25"**

**Happy Heineys £10.50**



If you need further assistance in choosing the right nappies to suit you please do not hesitate to call me, especially if you've got this far and are confused!

We do carry a much larger range than can be printed in this catalogue on our website—do ask if you don't see what you are looking for.

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- Two sizes, bigger size may be folded down for use from birth, plus larger toddler size.
- Can be bulky on newborn, especially in Size 2 folded down at front to fit from birth.
- Wash at 60 and tumble dry.

Made in Scotland from a luxury terry fabric (93% cotton, 7% polyester in the backing for added durability), this nappy is of excellent design and is very well made. All seams are turned and stitched giving a neat finish, the gentle elasticated legs fit snugly without pinching. The nappy is of 2 layers, with a three layer booster flap attached at the front for extra absorbency, giving a trim look without excessive bulk. The smaller size in white has an attached fleece liner on top too. Drying time medium/slow as this is quite a thick nappy.

Suggested wraps include: Tots Wrap, Popo, Rikki, AirFlow, Vento, Bumpy, Imse Softwrap, Litewrap, Stacinator So Simple, any wool or fleece wrap.

**Tots Bots No Aplix Size 1, 6-20lb (2.7-9kg), Size 2 20-35lb(9-16kg) £7.00**

**Tots Bots Aplix fastening Size1 or 2 £7.50**

**Size 3 35lb+ (16kg+ Non Aplix £8.50, Aplix fastening £9.00**

Please state white or unbleached or rainbow colours

RAINBOW BOTS available in pastels lemon, candyfloss pink, pistachio, lavender, sky blue, mandarin, in both size 1 & 2 only, either with or without Aplix, prices as Tots

Bots. The Rainbow Bots terry is slightly shorter pile than regular Tots Bots and users will thus find this nappy slightly slimmer, fractionally less absorbent and a little quicker to dry.

### Bamboozle by Tots Bots

Made to the same style as Tots Bots but in soft Bamboo fibre—

an environmentally friendly fabric as it is grown sustainably and without pesticides. Very silky and soft—and with bamboo being a very absorbent fabric, is a lot slimmer than the cotton terry Tots Bots, the terry pile having a slimmer profile plus the attached booster has only 2 layers. Available with Aplix fastening with a Nappi Nippa, sizes as Tots Bots. Drying time is slow due to the construction of this

nappy. Made in Turkey. This nappy is ONLY available with Aplix fastening at present, and is available in a choice of natural or rainbow colours—Aqua, Green, Orange, Lilac, Yellow.

**Bamboozle With Aplix, Size 1 or 2 (sizes as Tots Bots above) £9.00**

**Unbleached or Rainbow Colours (NB Size 3 is NOT available in Bamboo currently)**



For help with choosing nappies: [www.chooseanappy.co.uk](http://www.chooseanappy.co.uk)

### Fluffle by Tots Bots

This nappy is made from 100% polyester microfibre, and looks similar to the Tots bots when on. However it's slightly different inside, as it is 3/4 lined with a pouch made from polyester fleece, and has a snap on booster attached just above. For a smaller baby, you can remove the booster and tuck the front of the nappy inside the pouch, for a larger use the booster tucked into the pouch. This means that you can use the Size 2 as a one size nappy very easily. It's quite a fluffy bulky nappy but being polyester has the advantage of quick drying particularly if you have a good spin speed. You can air dry but hanging by a radiator or tumble dry is a lot quicker than cotton. Without fastening for use with Nappi Nippa or Popper fastening. Sizing as Tots Bots: 1 to fit 6-20lb, 2 to fit 20-35lb approx (no size 3 available)



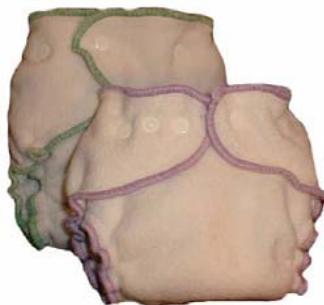
**Fluffle Size 1 or 2 £8.50 With Poppers £9.00**

Wraps as Tots Bots

### Kissaluvs

Suggested Minimum Quantity 20 Size 1 + 15 Size 2 = £287.50 + 4 wraps per size (page 22)

- Choice of stretchy 100% cotton fleece pile in unbleached or colours, small polyester content in backing fabric.
- Good fit for chubbier legged babies.
- Low slung giving non-bulky appearance.
- Good absorbency - thick padding between legs but is correspondingly slower to dry.
- Popper fastening, one row of poppers.
- Good width range and are very adjustable and stretchy, with overlap at waist.
- Two sizes plus extra small for small newborn.
- Wash at 60 or 90, tumble dry hot. Made in USA.



please state **Fleece, or Colours (assorted fleece in berry, melon, lemon, lime, turquoise with contrasting inner):**

**Kissaluv Size 0 with popper down front for cord 5-15lb £7.75**

**Size 1 10-25lb £8.00 Size 2 20-40lb £8.50**

Suggested wraps include Popo, Rikki, AirFlow, Vento, Bumpy, Imse Softwrap, Litewrap, Stacinator So Simple, any wool or fleece wrap.

### Nappy Nation No Fold Terry

Suggested Quantity: 10-20 Size 1 (£72.50-£150), combine with up to 20 Size 2 to use as a one size or second size to grow in to (£ upto £150)+ 4 wraps per size (page 22)

- White terry fabric, finished with coloured trim.
- Neat fitting with good leg elastics for containment.



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- Polyurethane laminated polyester outer with polyester fleece inner.
- Not so suitable for slim thighs.
- Popper fastening.
- Available in white and a choice of colours. **Blue, red, yellow, green, pale pink, pale blue, buttermilk, sage, aqua, lime, hot pink, navy, black**
- Made in USA.
- Multi Sized, 3 or 4 sizes usually required from birth to potty.
- Wash at 40 or 60 and can tumble dry.
- SUPPLIED WITH MICROTERRY INSERT



**Fuzzi Bunz + Micro Insert White and all Colours £12.50,**  
**Small 6-14lb Newborn - 6 months Medium 13-25lb 4 months plus**  
**Large 22-35+lb Older babies and larger toddlers**  
**Petite Toddler 18-30 lbs For slimmer babies**  
**XLarge 35-40+lbs**  
**Bigger toddlers & children XXL 45lb+ £13.50**

### To Stuff With

You can use a pad folded terry (fold corners to centre & then in 3) - the 50cm size is great for all sizes bar Small, a prefold or:

**Ellas House Hemp Inserts.** Made of hemp fleece so lighter and less bulky than cotton, Fold in two by folding over your hand as you insert. Unfolds to improve drying time

**Small/Medium £3.75 Large/Xlarge £4.25**

### Fuzzi Bunz Micro Inserts

Available in 2 sizes, Small to fit Small/Medium, and Large to fit all other sizes. Shaped pad made from microfibre terry so lightweight and very quick to absorb.

**MicroInsert £2.50**

### Nature Babies Stuffables

- Pouch system means any absorbent nappy/insert can be inserted for absorbency.
- Easy to adjust absorbency as required.
- Outer dries very quickly.
- Leg gussets to minimise leakage.
- Aplix or popper fastening.
- Made in UK.
- Polyurethane laminated polyester outer with polyester fleece inner.
- Available in white, blue gingham, pink bubbles or new leopard.

For help with choosing nappies: [www.chooseanappy.co.uk](http://www.chooseanappy.co.uk)

### Nappy Nation All In One

- Breathable polyurethane laminate exterior, with terry towelling interior.
- Aplix hook and loop fastening.
- Two sizes, first size not recommended below 9-10lb
- Unique patented design based on popular fold-out nappy
- Very fast drying for an all in one, inner nappy layers completely unfold.
- Design allows thorough washing of nappy
- Very good absorbency for an All In One, easily boosted if required.
- Double leg and waist barriers, elasticated for excellent containment.
- White and plain colours.
- Made in UK



Small 9-18/20lb Large 18-32/35lb Nappy Nation All In One £11.99

### Mother-ease All-In-One

Suggested Minimum Quantity 20 Small +20 Large = £510

A nappy from this Canadian manufacturer which combines the features of its popper fastening nappies and wraps. The inside is made of unbleached stretch terry and feels very soft, the exterior is the same waterproof polyester coated polyurethane laminate, and of the same design, as the Air Rika wrap (page 28). There are poppers at the waist and legs allowing this All-In-One to be the most breathable through the side vent gap created between the poppers. Wash at 60°C and tumble dry cool. Available only in white.



### Mother-ease All-In-One

Small 8-20lb (3.5-9kg) £11.99

Large 20-32lb (9-16kg) £12.49

XLarge All-In-One 35-45lb £12.99



We also sell Popolini Easy Fix please enquire

### POUCHED SYSTEMS

A good option for speedier drying: the waterproof outer has an inner layer of polyester fleece sewn to form a pouch, which can be stuffed with a folded flat nappy or pad.

### Fuzzi Bunz

- Pouch system means any absorbent nappy/insert can be inserted for absorbency.
- Easy to adjust absorbency as required.
- Outer has no absorbent components and dries very quickly indeed.

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- Quick drying, especially non Aplix version.
- Simple to reassemble, easy to add extra absorbency if required.
- Choice of Aplix hook and loop fastening or without fastenings for use with Nappi Nippa.
- Two sizes, large size can fold down for use from birth.
- Made in UK, wash at 60 & tumble dry.



This nappy is a good choice if you are looking for a shaped and fitted nappy but do not have or do not wish to tumble dry. The non-Aplix version dries quickest and is best on containment when fastened with a Nappi Nippa.

**BAMBOO NAPPY NATION** Also available in Bamboo, in Size 2 non Aplix version only. This is the quickest drying shaped bamboo nappy we stock, as the layers hang open to allow the air to circulate when hung to dry.

Wraps as Kissaluv

Size 1 6-20lb(2.5-9kg)	Size 2 20-35lb (9-16kg)	Size 3 35lb+(16kg+)
Without Aplix, Size 1 or 2	£7.25	Size 3 £8.75
With Aplix, Size 1 or 2	£7.50	Size 3 £9.00
Bamboo size 2 non-Aplix	£8.60	

### Easy Peasy Bimble, Bumble and Bumper

As this is a first size nappy only this nappy is usually purchased in typical quantities of 6-20 (£31.50-£105) often as a precursor to a One Size nappy.

- 4 layers of terry between the legs with an inner stay-dry layer of polyester fleece
- Very slim fitting, ideal from birth, designed to fit under most newborn baby clothes.
- No fastenings, secure with Nappi Nippa or pins.
- Elastic at waist and legs for good containment.
- Medium/fast drying, Quick Dry version has fold out flap—this is the version we normally stock.
- Wash at 60 can tumble dry.
- Fits from birth including low birth weight/twins, to 15lb.
- Made in UK.



Easy Peasy Bimble QD £5.95

For help with choosing nappies: [www.chooseanappy.co.uk](http://www.chooseanappy.co.uk)

**Easy Peasy Bumble £6.95**  
**Bumble with Popper fastening £8.95**

We also stock the Bumble, (pictured right) which is of similar design made from 3 layers of terry and has a pouch which can be filled with its own snap in booster or extra padding, and folds out for ease of drying. The Bumble may be used as a birth to potty nappy as the nappy folds down and secures for a smaller baby.. Choice of no fastening for use with Nappi Nippa or poppers For toddlers and larger we have the Bumper —same design but bigger and with a sewn in flap that is not removable but still has the pouch should you need to add padding, fits from 35lb and will suit most 3-4 year olds overnight, can be easily boosted as required.



**Easy Peasy Bumper £7.95**

Suggested wraps as Tots Bots

**Ella's House Hemp Nappy**

- Hemp fleece outer with built in booster pad for maximum absorbency minimum thickness.
- Very slim appearance without compromising on absorbency.
- Choice of Aplix hook & loop fastening or poppers.
- Drying time slow.
- Three sizes, with cross over waist in smallest size for skinny newborns.
- Made in Scotland.
- Wash at 60, can tumble dry.



Hemp is more absorbent weight for weight than cotton, and thus this nappy is quite slim for the absorbency it has. Hemp is grown without the use of chemicals and is more environmentally friendly than cotton. As with all hemp products you'll need to wash this a good 6-10 times to gain full absorbency.

**Ellas House Hemp Nappy, all sizes Aplix or Poppers £7.95**  
**Small to waist 15" (405mm) 0 to 6 months up to 20lb approx**  
**Large waist 15" to 21" (530mm) 6 to 18 mths 20-40lb approx**  
**Toddler waist 20" to 26" (660mm) 18 mths+ 35lb+ approx**

Suggested wraps include: Rikki, Popo, Vento, Air Flow, Tots Wrap, Bumpy, Litewrap, any pull on pants, any wool or fleece wrap.

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**Stacinator Wool Wrap**

Hand made in USA to same design and high standard as the fleece wraps, this popper fastening double layer stretchy knit fabric is incredibly slim fitting and soft.. Generally this wrap is perhaps the highest in the rise of all the wool wraps and ideal for long babies or over a lot of nappy. It performs very well, and has the added benefit of not being too thick for daytime use. Available in natural plus assorted colours such as blue, purple or cerise— please enquire.



**Newborn to fit from birth – 12lb**

**Small to fit 10-15 lbs Medium to fit 15-25lb**

**Large to fit 20-30lb Toddler to fit 25lb+,**

**Stacinator Wool Wrap £17.99.**

We also stock Disana hook and loop fastening wool wraps and WoolyWraps

**ALL-IN-ONE, ONE PART NAPPIES**

Do remember when considering All-In-One nappies that these will take a long time to dry with the exception of the pouched systems where the absorbent layer can be separated from the waterproof layer. You may prefer to include a few All-In-Ones for ease of use when going out rather than buy a complete set for full time use. Consider containment—especially with a newborn, other than the Nappy Nation these all in ones only have one leg and waist barrier, so may not be as effective protection from exploding poo! Also consider drying time - a pouched nappy system will be quicker to dry

**Kooshies Ultra**

Suggested Quantity: 20 Infant + 20 Toddler = £330

- Waterproof non breathable PVC exterior, with flannelette interior.
- Aplix fastening at waist.
- Shaped like a disposable with no elastic at waist
- Two sizes, not suitable for less than 10lb.
- Less absorbent, will probably need boosters particularly at night/heavier wetters, is quite narrow between the legs.
- Fold out flap for extra absorbency and to aid drying speed, but still very slow to dry.
- Assorted pastels and prints on white background
- Made in Canada



**Infant 10-22lbs (4-10kg) Single £8.00 5-Pack £39.50**  
**Toddler 22-45lbs (10-20kg) Single £9.50 5-Pack £47.50**

### Disana Knitted Wool Pull On

Double knitted in a stretchy pure wool in 2 layers, these have no man made content whatsoever, relying on the stretch of the knit to give a good fit. These work well over shaped and fitted nappies, or pinned terries and prefolds, however they are quite roomy so not suitable for an unfastened nappy. They may look a little odd from this photo, but when on they fit like neat old-fashioned shorts with a leg cuff.



#### Approx sizes

Sizes S 62/68cm (7-13lb/3-6kg), M 74/80cm (11-22lb/5-10kg), L 86/92cm (20-33lb/9-15kg), XL 98/104cm (33lb+/14kg+)

Disana Knitted Pull On £8.95

### Popo Wool Wrap

A 100% pure natural wool wrap, with elasticated legs and waist, fastening with poppers at waist and thigh. This is a woven wool wrap, of soft woven fabric, very breathable, and is quite a roomy wrap so will fit well over most nappies, and has knitted stretchy cuffs, fastening with poppers.



#### Popo Wool Wrap

Small 6.5-13lb(3-6kg) £11.50

Medium 11-22lb(5-10kg) £12.50

Large 20-35lb (9-16kg) £13.00

Xlarge 35lb+ (16kg+) £15.00

### Bumpy Wool Wrap

A fine woven wrap, of top quality 100% wool flannel with gusseted legs with gentle elastication giving a snug fit. This wrap has the same elasticated waist and wide and deep front hook and loop fastening panel as all Bumpy wraps, ensuring flexibility of fit. This wrap has the addition of a two-position popper closure at the leg, making it more difficult for toddlers to undo. Not as bulky as some wool wraps so ideal for either day or night time use. Again with all Bumpy wraps, this wrap comes in several sizes and the adjustable design means that you will not always need each size, for nights please buy slightly larger.



Small 11-17lbs (5-8kg) Medium 15-22lbs (7-10kg)

Large 20-26lbs (9-12kg) XLarge 24-31lbs (11-14kg)

SLarge 28lbs+ (13kg+) Bumpy Wool Wrap £17.99

### Ella's House Bumhugger

As this is primarily designed as a night nappy, it tends to be sold singly or in small quantities.

- Hemp fleece outer with built in booster pad for maximum absorbency minimum thickness.
- Polyester fleece stay dry inner lining to keep baby dry.
- Works well as a night nappy.
- Trim fit without the associated bulk of cotton nappies of similar absorbtion.
- Drying time slow.
- Choice of poppers or Aplix hook & loop fastening.
- Three sizes, with cross over waist in smallest size for skinny newborns.
- Made in Scotland.



Ella's House Bumhugger all sizes Aplix or Popper £8.95

Sizes as Hemp Nappy

Wraps as Hemp Nappy, particularly good with wool or fleece for overnight for a slim effect

### Minki Huggle

Another good night nappy, this is a very thick nappy

- Very thick long loop pile Egyptian cotton terry, works well as a night nappy.
- Excellent absorbtion.
- Bulky especially on a newborn.
- Drying time very slow.
- Poppers fastening.
- Fleece lined to keep baby dry, fleece forms pouch where additional padding may be added as required.
- Assorted colours please state any preference
- Made in Scotland



### Minki Huggle

Newborn birth to 12lb ( 5.5kg) £7.25 Small 10-20lb (4.5-9kg) £7.65

Large 17-32lb (7.5-14.5kg) £7.95 XLarge 30lb+ (13.5kg+) £8.50

Also available without fastening for use with Nippas (deduct 25p from price above)

Wraps: For night we suggest wool or fleece, Motherease Airflow or Vento (poppers) Rikki or Popo wrap, Litewrap—needs to be roomy as this is a thick nappy!

For help with choosing nappies: [www.chooseanappy.co.uk](http://www.chooseanappy.co.uk)

Twinkle Twinkle Order & Enquiry Line 0118 969 5550

### ONE SIZE FITS ALL

One size nappies are designed to adjust to fit from birth to potty or around 7 to 32-35lb. The advantage is less cost, as it is only one size to buy, the disadvantage is they often do not provide the best fit at either the bottom (too bulky) or the top end (outgrown) of the range.

Regular 60cm terries (page 13), Imse Diaper (page 16) and Disana Organic Tie On (page 15) are also one size nappies.

### Imse Organic Terry

Suggested Quantity 5 packs of 4 = £180 + 4 wraps per size (see page 23)

- Made of 100% organic cotton terry.
- Elasticated at the legs.
- Slim fitting and styling.
- Fold out flap for faster drying.
- Drying time medium/fast.
- No self-fastenings, relies on close fitting hook and loop fastening wrap or Nappi Nippa.
- One size fits from birth to potty, though can be skimpy by then.
- Good absorbency, may need boosting for older babies.
- Made in EEC.



Imse Organic Terry £9 each Pack of 4 £36

Suggested Wraps include Bumpy, Prorap (best for slimmer babies), Rikki, Popo, Tots Wrap. If fastening, most popper/pull on wraps will suit.

### Popolini UltraFit/Mother-ease MultiFit

These nappies are made to the same basic design, where the front fastens down with poppers to reduce the height for a smaller baby, and have hook and loop fastening.

- Different manufacturers of same design offer you a choice of fabric including organic cotton.
- Separate booster for added absorbency included in price, gives extra absorbency with quicker drying.
- Hook and loop fastening.
- Adjusts to fit by means of poppers on front to reduce height for smaller baby.
- Medium/slow drying time, wash at 60, can tumble dry.
- Good for taller/bigger babies, less likely to get outgrown. Fits 7-35lb. May be bulky on smaller newborn.

### Popolini UltraFit

Made in Europe, 4 fabric options: 100% cotton organic or unbleached stretch terry (85% cotton) or patterned stretch terry (85% cotton) with polyester inner soaker pad for quicker

The Deluxe has a second layer of fleece and thus is more waterproof particularly for heavy wetters especially boys where a strong directional jet of wee may penetrate a single layer.

A limited stock available, available in plain or prints, please enquire as to current selection, examples also pictured on front cover top right!

Small to fit 10-15 lbs(4.5-7kg)

Medium to fit 15-25lb (7-11.5kg)

Large to fit 20-30lb (9-13.5kg)

Toddler to fit 25lb+, (11.5kg+)

Stacinator Deluxe Fleece

£11.95 Please state Print or Plain, prints

will vary

### Wool wraps

Definitely a luxury fabric for your baby, with the benefits of being a natural fabric that is both breathable and waterproof. Wool is ideal for babies suffering from repeated attacks of thrush as the breathable nature of this fabric ensures that the nappy area is kept cool. I was sceptical as to how these wraps would work, but they are certainly far better performing at night in terms of being both waterproof and keeping the nappy area cool. Since you may be equally sceptical, please read on!

How does it work? The wool fabric used in these wraps is treated with lanolin. Lanolin occurs naturally in the wool, coating the fleece of sheep enabling water to run off their coats. However the manufacturing process removes much of the lanolin so this is replaced in the finished product. The fine weave of the wool fabric allows moisture to evaporate from your baby's nappy though the wrap. This evaporation process results in lowering the temperature of the nappy by several degrees (in the same way that on a hot day we sweat so that the evaporation of our sweat cools our body). Provided your baby has sufficient nappy layers/booster pads to last through the night and absorb all of the wee generated these wraps will not leak though they will absorb a fair amount of water, and unlike a man-made waterproof wrap your baby will keep much cooler. You may find when you remove the wrap that there is a very faint smell of urine. It is only very faint, and when the wrap is left to air, this slight smell disappears.

Washing: Wash at 30° by hand (or in a machine with a 30 cycle) in pure soap only, do not use detergent as this will remove the lanolin. Wool wraps are very easy to care for in that they only need washing every few weeks unless soiled. They simply require airing after every use, two ensures proper airing between wear. You will find after several washes that the wrap may begin to lose its waterproof properties and will need re-treating with lanolin – a straightforward and simple process. See Accessories page 40 for soap and Wool Cure lanolin treatment. NB Some babies may be sensitive to wool and/or lanolin. I recommend that prior to purchasing a wool wrap you test some pure wool against your baby's skin or initially purchase just one wrap to test.



## Fleece Wraps

100% polyester fleece allows superior air circulation, which is why it works so well as a fabric for nappy covers. Fleece allows air to circulate through the cover and moisture to evaporate, thereby cooling the nappy area considerably, but is non absorbent and therefore does not 'wet' like a natural fibre might. Fleece is soft to touch, dries very quickly, and can withstand laundry abuse. Conditioner or tumble dryer sheets can even help make it more waterproof, though the instant remedy for a fleece wrap that has lost its ability to contain leaks is to switch to a mild soap. However caution should be taken on long car journeys as baby's weight can push wet out of these wraps if sat for a long time. Caring for these wraps is simple – they may be washed either with the nappies or with ordinary washing. Can be advantageous where a fully breathable wrap is desired yet there is a wool or lanolin allergy.

### Redrap by Tots Bot

Made by Tots Bots, this is a lovely soft wrap is available in bright red only, in four sizes, and represents very good value. Made of one layer of quality, dense, anti-pill polyester fleece, with an additional wide panel of fleece through the crotch, giving two layers for extra protection in that area. As there is only one layer of fleece around the hips and waist, this wrap suitable for both daytime and night-time use, being both slim fitting and performing well. It has Aplix hook and loop fastenings with crossover tabs allowing each wrap to be used over a larger age/ weight/ size range, and is generously cut to fit over most nappies. The wrap is very well made, the leg holes are neatly finished, with the elastic well covered, and are turned and top stitched, so this wrap should be a snug and comfortable fit and not leave pinch marks on the legs. Wash at 40°C with other coloured nappies/ clothes. It will leak colour initially for the first few washes.

Also available in Rainbow Stripe & Polka Bot prints  
**Size 0 Newborn to fit: 6-12lb (ideal over muslins)**  
**(2.7– 5.5kg), Size 1: 9-20lb (4-9kg) ,**  
**Size 2: 18-35lb (8-16kg), Size 3: 35lb+ (16kg+),**

### Stacinator Fleece Wrap

Made in USA from the very highest quality Malden Mills fleece, these beautifully sewn wraps are good at keeping the wet in and yet are breathable. The fleece used for these wraps is a luxurious 200 weight fleece made by Malden Mills, a low pill, tightly woven fabric of the type and weight used for outdoor wear. American mums consider this brand of polar fleece to be superior for wetness prevention and leaks, it is also extremely soft and comfortable.



drying or unbleached 100% cotton flannelette. Drying time: least for the patterned terry, longest for the Organic Terry which is thicker.

**UltraFit Terry Towelling Unbl/Patterned/Flannelette (unbl) £ 8.75**

**UltraFit Organic Terry £ 9.50**

### Mother-ease MultiFit (pictured right)

Made in Canada, in 85% cotton 15% polyester stretch terry, white only. This version is the least bulky and perhaps best suited to slimmer babies., it is also the only version where the nappy and the booster are sold as separate components – ideal if you have a light wetter.

**Mother-ease MultiFit**

**£7.50**

**Booster Liner**

**Small £1.60 Large £1.75**

**Suggested wraps as Tots Bots**

### Mother-ease One Size

**Suggested Quantity: 20 = from £145.00 + Snap In liners (£16.50+) + 4 wraps per size**

- Very popular nappy of stretchy terry fabric.
- Choice of white or unbleached, or StayDry - unbleached with polyester stay dry liner on top.
- Has wide soft elastics round legs and waist, giving very good containment.
- Medium/slow to dry.
- Optional snap in liner for additional absorbency usually required for older babies.
- Wide between the legs so may look bulky on small babies.
- Popper fastening across front at waist, front folds outwards to expose set of poppers to reduce height for newborn.
- May get outgrown by larger babies.
- Made in Canada.

**Mother-ease One Size Unbleached or White £7.50**

**StayDry £8.95 Organic £9.25**

**Optional Snap In Liner Unbleached or White £1.65 Stay Dry £2.00**

**We also stock the new style Popolini One Size nappy £8.75, which has extra width and poppers at the front, and includes snap in booster and is also available in 100% organic cotton £9.50—please enquire.**



For help with choosing nappies: [www.chooseanappy.co.uk](http://www.chooseanappy.co.uk)

We also stock Baby Life—a one size flannelette nappy, very slim fitting—please enquire.

**Dizzy Diaper by Nature Babies.** No picture

- Soft short pile unbleached stretch terry.
- Popper fastening with overlap across front at waist.
- Adjustable height with poppers.
- Made in UK
- Nicely absorbent, not overly bulky.
- Fits from 7lb, may get outgrown.



**Dizzy Pocket Diaper** As above (and pictured above) with two layers less absorbency to reduce bulk, but with inside of nappy lined with a layer of fleece to form a pouch into which further absorbency may be added as desired, fleece keeps baby dry. Slightly slimmer than Diddy Diaper, good for smaller babies.

Unbleached with choice of lemon yellow, white with paw, or yellow with cow print fleece

Dizzy Diaper or Dizzy Pocket £7.25

Suggested wraps as Kissaluv

## THE WRAPS

Suggested quantities: 4 per size. You do not need to change the wrap with every nappy unless soiled, however you may need more for a newborn as you may need to wash the wraps more frequently. All wraps are breathable fabrics unless stated.

If buying for a newborn, we recommend only getting the first size or two if buying newborn or small—your preferences particularly for type of fastening may change as your baby grows.

Velcro/Aplix hook and loop fastening wraps will give a neater snugger fit as they are most adjustable, and are ideal for holding a pad folded nappy eg prefold in place without fastenings.

Popper fastening wraps are generally looser and not such a close fit. They are more difficult to undo should you have a child that undoes nappies, and can be more difficult to do up although can usually be pulled on part done up.

Pull Up Pants are cheapest but are not so easy to change when soiled as you can't lay them flat.

For most breathable options consider wool or fleece., which allow a good loss of moisture by evaporation and thus are cooler.

## Pull Up Pants

These are the least popular style of wrap as they do not open out to lie flat, but can come in handy for babies that like to undo. We stock a couple of brands, please enquire or see web site, prices from £4.50.

Twinkle Twinkle Order & Enquiry Line 0118 969 5550

## Air Flow by Motherease

Soft brushed polyester with polyurethane backing. Canadian made, same basic design as the Popolini, with leg and waist poppers allowing ventilation, but slightly different sizing. A very reliable wrap, as it is roomy enough to fit over any shaped and fitted nappy. White, patterned (Eco theme: Savannah, Oceans, Wetlands or Rainforest) or block colours (Aqua or Lemon). The M/L size is trimmer and a better fit especially for slim babies, the L should fit chubbier ones from around 20lb but is a looser fit.

Small 6-12lb(3kg-5.5kg),

M/L 20-27lb (9-12.5kg)

AirRika Wrap (Canadian)

Xlarge 35-45lb(16-20.5kg)

Patterned/Colours £8.49

Medium 10-20lb(4.5-9kg),

Large 27-35lb(12.5-16kg)

White £7.75 Patterned/Colours £7.99

White £8.25



## Vento Wrap by Popolini

Same styling as the Air Rika (above) made in Europe from similar materials by Popolini (formerly EEC manufacturers for Motherease). Slightly more generous sizing, this wrap is available in white, pastel bunnies or dolphins or beetle print,

Small 6-13lb(3kg-6kg) Medium 10-22lb(5-10kg),

Large 20-33lb (9-15kg) Xlarge 33lb+ (15kg+)

Vento Wrap White £7.50 Patterned £7.75

## Nature Babies

British made breathable polyurethane laminated wrap with polyester outer. Made to a very high finish, these wraps represent very good value for money. Designed for use with shaped nappies as well as pad folded nappies, because they have gusseted legs, these wraps actually do also fit most nappies very well.

Having one row of poppers at the waist and one at the leg, they are well elasticated at the waist and so provide a snug fit all round. There are 3 sizes of wrap,

Newborn/Small, adjustable to fit 6-15lb, Medium with adjustable sizing to fit from about 9-10lb up to 24lb – this

adjusts with poppers on the front that fasten down the excess fabric, also the L from 23-35lb. XL is available to order. Colours available vary but currently include white, lemon, pink, blue or mint plain fabrics, plus leopard skin print, blue or pink gingham or camouflage, orange fairy flowers or farmyard.—please state preferences. Sizing is a guide, will vary according to build.

Small 6-15lb (3-6.5kg) Medium-24lb(4-11kg) Large 23-35lb(10.5-16kg)

Nature Babies Wrap

£7.25



### Litewrap

Breathable wrap made of soft polyester knit with polyurethane laminate inner. Very adjustable TouchMate non scratch hook and loop fastening plus single popper. Fits chunky babies especially well, a good fit for most babies. Suitable for prefolds, terries and shaped nappies, generously cut to give good height for shaped nappies but still works well with prefolds. Made in Hong Kong. Fold back tabs for washing, wash at 40 tumble dry cool or hang to dry. Available in white, farmyard or bright animal prints. Newborn has cutaway for cord. Sizes are generous especially if using over prefolds.

**Newborn to 10lb (5kg), Small 10-15lb (5-7kg), Medium 15-20lb (7-10kg)  
Large 20-30lb (10-14kg) XL 30lb+ (14kg+)**  
Litewrap £6.95



### POPPER FASTENING WRAPS

#### So Simple Snap

If you're looking for a lightweight wrap but without elastic, this is the one for you, with breathable polyurethane laminate body and stretchy Malden Mills fleece cuffs at the leg and waist, with multi-position snap fastenings at each side. Fits well over most nappies, can also be used as a pull on., advantageous when removing pooey nappies as it can be laid flat!. Easy to use, very quick to dry, wash at 40 or 60 and tumble dry. Suitable over virtually all fitted and pinned nappies. Newborn size particularly good for leaving no marks even when it is pulled right up under the armpits!

**Sizes Newborn 6-10lbs, Small 10-15lbs (waist 15+", thighs 8-10"), Medium 15-20lbs, (waist 16+", thighs 10-12"), Large 20-30lbs, (waist 17+", thighs 11-13"), Toddler 30+lbs (waist 18+", thighs 12-14")**

Stacinator So Simple Snap £9.99

Available in white with neutral or coloured trim, also in pink, lemon or blue polyester with white fleece trim

#### Prorap Snap

Same wrap as the classic Prorap (see page 23) but fastening with a row of poppers. Good fit over prefolds, fastens with 1 row of poppers across waist, white only. Has leg gussets and fits well over prefolds, pad folded nappies. Best avoided over deep nappies eg Motherease or Sandys, particularly if a chubby baby

**Small 9-14lb (4-6.3kg), Medium 13-25lb (6-11.5kg),  
Large 24-35lb (11-16kg) Prorap Snap S, M, L £6.75  
XL also available 35-45lb £7.50**



### HOOK & LOOP FASTENING WRAPS

#### Kushies

In 100% vinyl-backed polyester, (waterproof but not breathable) this durable and economical wrap fastens with Aplix hook and loop tabs, has elasticated gusseted legs and waistband to ensure a good fit, and both the legs and waistband are trimmed with cotton for comfort. This wrap softens with use. Hand or machine-wash at 40°C, do not tumble dry.

**Infant 4-10kg (10-22lbs) £5.00  
Toddler 10-20kg (22-45lbs) £5.00**



#### Prorap

Made in USA by Proservices, this wrap was designed specifically with the Nappy Laundry Services in mind. Very versatile in that it will go over all the nappies we've tried it with., though can be a bit "high leg" for chubby babies and wide fitted nappies. This wrap is made of polyester with a polyurethane laminate interior, so is waterproof and yet breathable. It has a double elasticated leg gusset which means this wrap will hold all nappies especially prefolds in place. The hook and loop fastening is soft and strong without being stiff. Available in white only. Can be washed at 60°C, and tumble dried on low.

**Newborn 6-10lb (2.2-4.5kg), Small 9-14lb (4-6.3kg),  
Medium 13-25lb (6-11.5kg), Large 24-35lb (11-16kg)  
Prorap £5.99 XL also available 35-45lb £6.75**



#### Popo Wrap

A soft wrap with gusseted legs and Hook and loop fastening, made of brushed polyurethane coated waterproof polyester. This wrap is very similar to the Rikki, but better value, will fit over virtually any nappy, though a little loose for prefolds, yet remains leakproof thanks to the soft elasticating at the legs and waist. Wash at 60, tumble dry low, can wash with nappies. Made in Europe.

**XSmall 4-9lb (1.8-4.1kg) Small 6.5-13lb(3-6kg)  
Medium 11-22lb(5-10kg) Large 20-35lb (9-16kg) Xlarge 35lb+ (16kg+)  
Popo Wrap - White £7.00 Patterned £7.50**



### Mother-ease Rikki Wrap

100% soft brushed polyester with polyurethane laminate waterproof inner Aplix hook and loop fastening with gusset and elasticised legs, and elastic at waist to ensure snug leakproof fit. Fits well over most nappies, though may be a little slippery inside for holding prefolds in place. Machine washable at 60°C, tumble dry on cool, so can be washed with your nappies. Made in Canada.

**Xsmall – slim cut, slim legs for small newborn 6-12lb (2.75-5.5kg, Small 6-12lb(2.75kg-5.5kg), Medium 10-20lb (4.5-9kg), Large 20-35lb(9-16kg)**

**Rikki Wrap White £7.79 Patterned/Coloured Lemon or Aqua £7.99**

**Xlarge 35lb+ (16kg+) White £8.25 Patterned £8.49**

**Current prints Eco Theme : Savannah, Rainforest, Wetlands, Oceans.**



### Tots Wrap

Tots Bots introduce their Scottish made 100% knitted polyester wrap with TBT free waterproof, breathable polyurethane membrane. The fabric was created in The UK especially for Tots Bots. The bindings are of supersoft matt lycra, and it fastens with Aplix with an overlap on the tabs for small waisted babies. It has no leg gussets, but will stretch to fit over most nappy types. Because it is so stretchy it can be fastened really snugly but won't rub or leak. It can be worn puffy or neat depending on mums preference. Worn pulled tighter it will hold the TB1 or 2 without a fastening. This means it is possible to have the same wrap fitting little ones of different ages as each wrap has crossover tabs enabling each size to be used over a larger age/weight/ size range than our recommendations. (Our sizing is only a rough guide: some customers may be able to skip a size and save money). This wrap is ideal over all shaped nappies, and especially over terry fabric it can be stretched to give a trimmer fit. With prefolds it seems to work fine when the wrap is worn stretched and snug fitting, it may be less suitable over prefolds with slim babies. Wash at 60, do not tumble. White, Blue Spot or Red Spot, or Strawberry—please note Blue and Red spot are being phased out.

We also have a Ladybird Red—bright red with smaller white spot available.

**Size 0 Birth to 14lbs (6.5kg) Size 1 10 - 20lbs (4.5-9kg) Size 2 20 - 35lbs (9-16kg) Size 3 30lbs plus (16kg+)**

**All sizes White £7.50 Print £8.00**



### Bumpy Day Wrap

Sweden's premier brand. A top quality, soft feel wrap with premium hook and loop fastening wrap and well fitting gusseted legs. Breathable waterproof layer of polyurethane laminated polyester interior with a soft 100% cotton outer, with ventilated waterproof leg gusset. The deep and wide band of the 'furry' half of the hook and loop fastening at the front of the wrap allows a generous amount of adjustment for each size, and it is thus not necessary to progress through each size; in most instances every other size is sufficient. Very leakproof design, however having a cotton outer means this can wick with some babies.

Is suitable for both day and night use, although a night wrap is also available – see previous page. Available in white/ assorted neutral prints. Machine washable at 60°C, has the benefit that it can be washed in the same load as the nappies, tumble dry low.

**Newborn 6-13lbs (2.27-6kg) Small 11-17lbs (5-8kg)**

**Medium 15-22lbs (7-10kg) Large 20-26lbs (9-12kg)**

**Xlarge 24-31lbs (11-14kg) SLarge 28lbs (13kg+)**

Note: As there is considerable overlap between sizes and the hook and loop fastening area is very adjustable most babies will only require three sizes of these wraps.

**Bumpy Day Wrap £9.50 (new lower price)**



### Bumpy Night Wrap

Exactly the same construction and design as the Bumpy Day wrap (opposite page) but with a thicker waterproof layer, slightly stiffer feel, recommended for night use/heavy wetters, as it is less likely to sit in the leg crease than the Bumpy Day, which helps prevent wicking.

**Bumpy Night Wrap £9.95 Sizing and prints as Bumpy Day (new lower price)**

### Imse Soft Wrap

Same design as the very popular Bumpy wrap, this wrap is made of very soft and breathable polyester with polyurethane laminate interior. As with the Bumpy, this wrap can be washed at 60°C, tumble dry low. Has the advantage over the Bumpy that it will not be as likely to wick particularly in the larger sizes when you might have a heavier wetter. A well cut and styled wrap, providing an excellent trim fit over most nappies.

**Imse Soft Wrap £8.25**

**Sizes as Bumpy Day. White only**

